



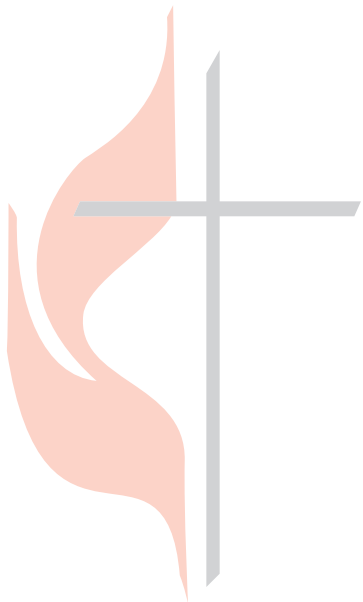
Tunkhannock Campus Expands Its Services

Our Tunkhannock Manor Personal Care is truly a gem nestled in the heart of the town. It is often described as “beautiful, quaint, private, and just like a home.” It is as close to “home” as you can get!

Since 1969, it has been offering seniors in the area a serene and secure living environment perfect for when assistance with some activities of daily living such as meals or medication management is needed. As a small, 38-bed facility, it is quaint and conducive to creating a family-like atmosphere between the residents and staff.

We have identified a need in the community and are very pleased to announce that we are expanding services at Tunkhannock to now include an independent living option. Presently, there are no other exclusively senior living independent apartments in the area. There is a need in the community for a secure environment where residents can maintain their independence. With the addition of independent living, we want to offer residents peace of mind by providing the option to downsize, eliminating the stress of caring for and maintaining a house. Just like our residents who are receiving personal care, independent residents will have access to all of the on-site amenities and opportunities for socialization, including dining, activities, a beauty salon, a library, housekeeping, and maintenance services. Furthermore, when needs change, the resident may transition to personal care services within the same accommodations.

We will be hosting Open Houses in the near future, but in the meantime, the campus is always open for appointments for individual tours. For more information about our independent living option, please contact **Sean Walton, Administrator**, at 570.836.2983 or tunkhannockadmissions@umhwc.org.



UNITED
METHODIST
HOMES

We Are UMH Strong & Stronger Together



I would like to take this opportunity to acknowledge the great resolve of our employees of United Methodist Homes. For more than two years, the world of healthcare has been turned upside down and drastically challenged by the pandemic. Through it all, our employees continued to demonstrate strength, commitment and dedication to our organization, each other, and our residents. I know that each day often presented different and new challenges, but our employees did not shy away. We have all been affected, but we are moving forward because we are UMH strong, and we are stronger together.

The pandemic has fundamentally changed how we operate and continues to require that we adapt in order to carry out our Mission. Despite continuous hurdles, we have been extremely adaptive and responsive and therefore, we will prevail together. We continue to work tirelessly to ensure that we are attracting and recruiting employees as well as retaining employees in order to advance our organization forward. You have often heard me referencing our strategic plan which serves as our guide and roadmap for our future. We remain actively engaged in our strategic plan which centers around our Five Pillars of Excellence---Engaged People, Strong Financial Position, Growth and Expansion, High Quality, and Lifestyle/Engaged Seniors.

A great deal of effort and collaboration continues to occur among our leadership and board as we finalize our organization's strategic plan which will launch us into a bright future. It will ensure our organizational strength and sustainability so that we may become a better healthcare provider, a better place to live for our residents, and a better place to work for our employees. We continue to devote great effort around improving our services and ensuring that we are maximizing our staffing capabilities. We aim to reach those who are seeking not just a job, but a place where they feel a sense of belonging where they can grow, thrive and be a part of something much greater--- to make a difference in the lives of those we serve.

I am confident in a bright horizon for UMH because our organization is blessed with extremely talented and caring people, supportive residents and families, and a board who is fully supportive and committed to our success. I sincerely thank you all for all that you do each and every day. Please know that you are valued and very much appreciated as we venture forward together.

In appreciation,

A handwritten signature in blue ink that reads "Brian Picchini".

Brian Picchini, President & CEO



An Extension of our Care Continuum:

A Closer Look into Complete Care, UMH at Home, Wellness, and Outpatient Therapy Programs in NY

Our home care, wellness, and outpatient therapy programs offer residents of our campuses and clients from the public access to quality care and services beyond our traditional care continuum. The traditional care continuum includes independent living, assisted living, inpatient skilled nursing, and long-term care. However, the following is an overview and remarks from our team regarding our services that extend beyond the continuum, which includes: Complete Care, UMH at Home, Wellness, and Outpatient Therapy. All of these services and programs help facilitate aging in place and enhance overall functioning and well-being.

The Complete Care program launched in 2016 and recently transitioned under the Leadership of Health Homes of Upstate New York (HHUNY). It offers case management services that connect clients to services to promote optimal physical, mental and social well-being to improve their quality of life and reduce hospital and emergency room visits. UMH is one of the few contracted providers of this program which primarily serves the Medicaid population.



Anna Marie Wager & Cori Weaver

Cori Weaver, Health Home Care Manager, states, "The Complete Care Health Home Care Managers have been vital to many members of our community. Complete Care works with low-income individuals with chronic health, mental health, or substance use disorder in the community by coordinating their health care. I started this position in May but quickly learned what makes United Methodist Homes so special is that we go above and beyond and do so much more for our clients. In addition to coordinating with the individual's health care team, my days are

often spent helping a homeless individual find housing, delivering food to someone who has none, or helping someone who cannot read, fill out an application. These things may seem simple, but to many of my clients, these small acts of kindness are everything. In my short time here, I have seen many client successes that have made my job incredibly rewarding. I've helped clients get to needed surgeries, find apartments after a long stint of homelessness, start receiving social security, begin their journey of substance abuse treatment, and so much more. I am very proud of what we do as Care Managers, and I know that we are helping to improve the lives of many in our community daily. Tammy Gilebarto, another health home care manager, shared how rewarding it is to help those in need in the community. Oftentimes they are helping clients navigate extremely challenging times and situations. "I recall leaving the home of a client who I had just helped through some complicated situations, and he thanked me and stated that I had given him hope. Care management can be stressful and sometimes requires us to think fast when a crisis comes up, but hearing a client say I had given him hope is why I love what I do." Currently, the program serves approximately 100 clients in the area.



"We are always looking to find ways of helping the community. Recently, we sought to expand services to receive designation as Health Home Plus, which the Office of Mental Health granted in August of 2022. This entails the provision of intensive case management to those who have a serious mental illness. Cori Weaver and Anna Marie Wager, Home Health Care Managers, have been instrumental in getting this program up and running. The team has worked over a year to try and get this designation and it has been a tremendous amount of work. I wish I could relay to everyone how much work these girls do; it is amazing. Their service has made a tremendous positive impact on the lives of those they serve. I can't say enough about what they do.", states Kim Garey, Director of Quality Management.

UMH at Home is our licensed Home Care Program that was rebranded in 2018; however, it had existed for many years prior. The program offers clients nursing care, companion care, and home health aide services in the home. The services are provided on a private pay basis; however, we can and do work with insurances, including the VA and many long-term care insurances. Nursing services offered through the program include assessment and medication management, ostomy care, and simple wound care. Home health aides can provide additional support as needed with activities of daily living such as bathing, dressing, and grooming. Our companion services assist with light housekeeping and laundry, meal preparation, shopping and transportation to or from appointments, and other errands. Presently, our program serves approximately 30 clients. The program services primarily residents of our Hilltop and Elizabeth Church Campuses but also extends to seniors in the general public. Colleen Marascia, Director of Licensed Agency and RN, stated, "There is a great need for services such as these, and it helps keep seniors independent longer in the comfort of their homes. Furthermore, it enables those who are not quite ready to move into a care setting where continuous care is needed to receive the care and support they need to keep them independent longer. Staff often remark what they love best about working in this setting are the relationships they develop with the clients and the reward in knowing how their service helps others. They develop strong relationships that positively impact overall social and psychological well-being and provide peace of mind for our clients."

Our Wellness Programs offer residents of our communities a wide array of services, from yoga and balance training classes to one on one cardiovascular and strength training. We have a fully equipped gym with personal trainers on staff to assist residents in their personal physical fitness and strengthening goals. Every participant in the program is assessed, and individual exercise plans are developed to lead to their optimal level of physical fitness. Our wellness is all about preventing health problems by engaging in activities that nurture the mind, body, and spirit. Kim Bernthon, Wellness Director, remarked, "It's never too late to start exercising, and the perk of wellness is that it's a great way to meet your neighbors. We have seen many friendships form at wellness. I encourage everyone... take that first step into wellness!"

Last, but certainly not least is our Outpatient Therapy programs. These services are available on both of our New York campuses. With a physician order, we can offer physical, occupational, and speech therapy on an outpatient basis. We offer quality rehabilitation for the treatment of a number of acute and chronic conditions including but not limited to joint pain, back pain, fall prevention and balance training, Parkinson's, orthopedic surgeries, musculoskeletal injuries and fractures, post stroke (Cerebrovascular Accidents; CVA), osteoporosis and so many more.



Lane Duger, Director of Rehabilitation, stated, "I am exceptionally excited about the expansion of our outpatient therapy programs, and we continually seek opportunities to expand and grow the program to meet the needs of our community. Often, we treat residents who have already gone through an inpatient stay and need some additional therapies to reach their prior and optimal level of functioning. Or at times, some clients did not require or qualify for an inpatient stay but still needed therapy services to regain their independence. In addition to being available to all of our residents, we are pleased to announce that we have expanded our services at the Elizabeth Church Campus to serve the general public. We are also adding pediatric speech-language pathology services to our overall offering."

Girl Scouts Beautify Tunkhannock Campus

Local girl scouts brightened up the summer for residents at Tunkhannock Campus.

Eliza Talcott, Emma Daubert, and Maya Montross of Girl Scout Troop 50015, based out of Centermoreland, all recently completed their Silver Award project, which is the second highest honor a Girl Scout can receive.

For the project, the three girls built garden beds at Tunkhannock Campus for the residents. Terry White, Activities Director at Tunkhannock Campus, explained that the idea was inspired by Talcott, whose former neighbor is now a resident at the campus. She wanted to make her and the rest of the residents feel at home.



"Eliza told us that her neighbor loved gardening and plants and was always really good to her, so she thought it would be a great idea to do something for her and the other residents. I thought that was really heartwarming and something that many of our residents would enjoy," White said.

Eliza elicited the help of fellow Girl Scouts, Emma and Maya. They spent a Saturday afternoon cleaning the courtyard at the campus by pulling weeds and putting down mulch. Seeing the residents watch them work put smiles on the girls' faces. Terry said, "Unfortunately, on that day, residents were quarantined, but they were inside, watching through the windows with smiles ear to ear. I think this helped remind the girls that their hard work would be worth it!"

After building the garden boxes, the girls planted various flowers and vegetables, including peppers, tomatoes, and cucumbers. While planting the garden, the girls interacted with the residents and even heard some stories about the resident's experiences as Girl Scouts when they were children.

More than anything, all our campus residents truly appreciate it whenever they interact with young people in the community. It's reassuring to them to know that people care enough to volunteer, send cards, or just stop in for a visit.

Top: L to R: Eliza T., Maia M., Emma D. Bottom: Maia M.

Resident Spotlights

Mrs. Beverly H. Dorsey - Elizabeth Church Campus

Beverly Hosten was born in what she calls the center of the universe, NYC, specifically Manhattan. She was raised in Brooklyn with her three younger brothers. Being the oldest, she was the chief! Both her parents were raised in Grenada. They were acquainted in Grenada but did not start dating until they met again after both emigrating to the United States via Panama.

When she was younger, her father thought maybe she should be a social worker but her mother insisted she would be a doctor. There seemed to be little doubt that Beverly would someday fulfill her mother's dream even though only 6% of physicians in 1950 were female and only 1.7% of those female physicians were black. For her undergraduate studies, Beverly attended and graduated from Hunter College in NYC. She then applied to attend Howard University in Washington DC for medical school. Howard University is a private, federally chartered historically black research university in Washington, D.C. When she went to Howard University to be interviewed for admission, there was a man in her group who was also named Beverly. He asked her for a date that first day! She turned him down because she had to board a bus back to Brooklyn. At the time she was not interested in him but he was persistent! They were both admitted to the College of Medicine at Howard and eventually started dating. Before graduating they married. They graduated from medical school in 1954. She was one of only 10 women in their class of 70 students. After graduation, they moved to Binghamton where her husband was raised and still had family. Her husband's father had been widowed and he wanted to help his sister to care for their father.



They started practicing medicine in 1954 as interns at Wilson Memorial Hospital and then took a year's residency in Internal Medicine in Queens, NY at Queens General Hospital. Then they returned home for another year of internal medicine internships. They owned two buildings on Haendel Street on Binghamton's west side. One house they lived in. The other they converted to offices. He practiced downstairs and she practiced upstairs. On Wednesdays, when her husband took his day off, she practiced downstairs so her older patients didn't have to climb the stairs. As a doctor she liked interacting with people. She claims that she was shy but as she's gotten older, she's learned to enjoy her fellow man. She thinks it's important to respect people and that belief guided her in her medical practice. She firmly believes that to be a good doctor you need to have respect for everyone saying, "If you don't respect someone else's humanity, you're not respecting yourself."

She took time off from practicing when each of their two daughters were born. Being a mother and a practicing physician, she did have housekeepers who helped take care of the girls and assisted with some meals. She had a lighter patient load than her husband because when she was out of the office, she was a wife and a mother who took care of her family. In her words, "My life revolved around medicine, family, church, and community."

She's happy she took her mother's advice and became a doctor. She said she enjoyed it and most of the patients. Beverly believes medicine is not something just practiced like clockwork, there's that person-to-person relationship you need to have in order to practice good medicine.

Although Beverly never sought them, she has received accolades for her social and community involvement in her church Trinity Memorial Episcopal Church, The Urban League, the National Association for the Advancement of Colored People (NAACP), Girl Scouts of America, and her sorority Delta Sigma Theta. Her husband passed away a little over 10 years ago. At 97, Beverly still lives independently and keeps a busy schedule, attending many of the social and educational gatherings at St. Louise Manor.

Resident Spotlights

Terry & Mae Smith - Wesley Village Campus

Terry and Mae began dating during their senior year in high school and have been together ever since. Through the years they raised their 4 daughters. Terry was in the Army as part of the Dental Core. Terry had a long career as an orthodontist. During his career he was the only board-certified Orthodontist in the area. It was less common for providers to have board certification at that time. Back then, not many physicians took the time to become board certified.



Around 1979, after undergoing renal artery surgery, Terry decided to learn to fly and get his pilot's license. He'd always wanted to learn to fly a plane so he started taking lessons. Ultimately, Terry became an instrument rated pilot which allowed him to fly when visibility was restricted. Years later Mae also decided to get her pilot's license. She didn't fly often but enough to keep her license current. They would often take day trips and fly to New Hampshire or Martha's Vineyard just for lunch! Eventually, Terry decided he would build his own plane. The Smiths added a large garage to their home and that's where Terry built his plane. After 5 years, the plane was finally complete, but it was still inside their garage. They got a big flatbed trailer along with some friends to help move the plane to the Wyoming Valley airport. The friends that Terry recruited were really nervous that the plane was too big to get out of the garage. It took a lot of shimmying and a few bumps, but Terry had no doubt they could get it out. The state police closed three lanes of U.S. 11 in order to escort Terry, providing 5 police cars to travel the two miles to the airport.

Flying wasn't Terry and Mae's only hobby. In addition to the plane, Terry was also a talented woodworker building furniture and a variety of other items, including a lot of toys for their 9 grandchildren.



He also played the bagpipe. As for Mae, she's an avid golfer. She is a former club champion and has had 6 holes in one over her lifetime, including one just two years ago. Terry also plays but, as you can imagine, it's not often that he can beat Mae. Mae is also reported by Terry to be an excellent cook. When asked what his favorite dish was that Mae prepared, his response was "Whatever she cooked!"



As president of the dental auxiliary, Mae planned several fundraisers where she invited well known chefs to do a cooking demonstration and promote their cookbooks. One was Italian chef Marcella Hazan. Mae heard she was putting out a new cookbook so Mae invited her to put on a cooking demonstration to promote her new book. She accepted and came to town for two days. It just so happens that at that time the Smiths were planning a trip to Italy and Hazan sat down with them and told them of several wonderful places to eat while they were in Italy. She also suggested they invite chef Maurice Moore-Betty who was also coming out with a cookbook, to do a demonstration. Moore-Betty accepted the invitation to put on a demonstration and also accepted an invitation from Mae to come for dinner. Mae invited a few friends and cooked for the famous chef. The most famous chef that Mae invited for a fundraiser was French chef Jacques Pépin. She invited him to dinner and also cooked for him. He was impressed with her bread making skills and kept asking how she got her crust so crispy. She jokingly offered him her recipe! Terry even flew Jacques home in their plane following their visit with one another.

Terry and Mae Smith were the first residents to move into the new Brooks Expansion cottages at Wesley Village three years ago. They moved from a very large home in Forty Fort, PA but certainly don't miss the upkeep and maintenance. They now enjoy the community and their neighborhood at Brooks.

Fun In The Sun

Our campuses have had a ton of fun celebrating summer. Staff enjoyed picnics and the return of our Annual Cornhole Tournaments! The campuses are currently holding the semi-finals for both states. The winners from those will battle in the finals. The winners will receive a trophy, pizza party for their department and a mini-grant from the Foundation to be used to support residents on their campus.



Winners of the campus tournaments are as follows:
Wesley Village - Mike Shandra & Bernie Lombardo
Elizabeth Church Campus - Kacie Overton & Sarah Cochoran
Hilltop Campus - Anthony Siracusa & Caity McMahon
Corporate - Eli Washburn & Joe Quanne



Top: L to R: Bernie Lombardo, Mike Shandra, Heather France, Jill Tigie
Bottom: Lauren Poccia, Ashley Shea

Day of Caring

In June, the Greater Binghamton Chamber Young Professionals Mentorship Program coordinated a Day of Caring project at Hilltop and Elizabeth Church Campuses. Volunteers worked with staff to do yard work, weeding, and plant flowers around the campuses. Thank you to all of the volunteers and employees who helped out! We would also like to thank JH Robotics & Chase Funeral Home who donated flowers for the Elizabeth Church Campus. UMH is happy to be a supporting sponsor of the Greater Binghamton Chamber Young Professionals Mentorship Program!



Photo 1: L to R: From Chase Funeral Home - Volunteers Dawn, Sylvia & Frank, employees Lauren Taylor. Photo 2: L to R: Volunteers Carlyne F., Andrea B., Daniel C., Photo 3: L to R: Volunteers Lindsey M., Kevin M., Brooke A. Photo 4: Volunteers Daniel C., Andrea B., Carlyne F.,



Hilltop Campus Bench Dedication

Hilltop Campus held a Memorial Service and bench dedication to remember the residents who passed away from COVID-19. At the service, residents and employees gathered to admire the new bench donated by Campus Chaplain Rev. Lea Harding. The service began with a message from UMH CEO, Brian Picchini and scripture was read by Campus Chaplain Rev. Lea Harding. Ron Patti, Campus Executive Director & COO, Kate Conant, Administrator, and Kate McHugh, Administrator, also read personal messages and meaningful scriptures. Family members of those who passed away and couldn't attend in person attended via zoom. In closing, Rev. Lea read each resident's name as a chime was played in their memory, followed by singing "Amazing Grace".



Rev. Lea Harding



Campus Highlights

Hilltop - Residents and employees celebrated Christmas in July in their best luau and Christmas attire! The day was packed with events and themed games for everyone to enjoy. As expected, the luau photo booth and tropical slushies were a hit! Throughout the day, everyone had the chance to win prizes with their "12 Hours of Christmas Giveaways".



Kate Conant and Resident Gail H.



Lauren Poccia and Jessica Simmons

Elizabeth Church - On August 25th, Elizabeth Church celebrated the 80th Anniversary of the Wizard of Oz. The day was filled with character visits, music, baked treats, and a showing of the movie.



Elizabeth Church Employees



Gordon Gardner



Resident, Norma D. and Vicky Morabito

Campus Highlights

Wesley Village Campus - Great food & great friends seem to be the summer theme at Brooks Estates. Residents have been enjoying cookouts, party on the patio, and a new event this year... a delicious clambake! They have been ecstatic about getting together for events again.



L to R: Cynthia Z., Joe A., Donna P., Rich P., Justin P., Jasmine M., Andrea P.



Top: Ed E. & Francis E.
Bottom: Carol C., Emil A., Fred M.

Tunkhannock - On the first Wednesday of every month, Patti Hozempa visits the campus to play the piano and bring treats for the residents. On a Wednesday this summer, the event was Country Western themed! All of the residents enjoyed wearing their cowboy hats while listening to Patti.



Patricia G.



Resident Lois M. with her daughter Suzette



L to R: Millie R., Mellie D., Nan M., Mary

A Summer of Love

Wedding Display & Vow Renewals

On Wednesday, June 15th, residents of Hilltop Campus celebrated love. Over the years, Faye Clark, Campus Life Coordinator at Hilltop Campus, has been doing a Wedding Display throughout the main lobby of the campus. "We don't do the display yearly because I believe that it's a really special event, I like to make sure that we space it out to keep the residents interested. I love seeing photos of everyone's wedding day and listening to them share their stories", Clark explained. The display showcases wedding photos and even wedding dresses from residents and employees. While the display is up, the lobby is full of laughter and conversation as residents walk around and admire the pictures and share stories about their weddings. Employees and residents enjoy discussing how wedding fashion and traditions have changed over the years, but one thing remains the same between generations: true love is worth celebrating!



Ward (Jack) and Maude Guilfoyle

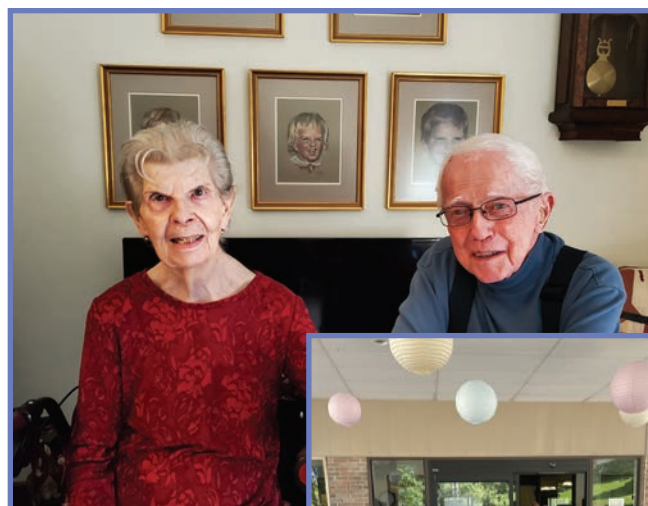
Married on - April 26, 1958, and celebrated their 64th Anniversary this year.

How did you meet? - We met through mutual friends.

Do you have children? - We have three daughters and firmly believe that family has been the key ingredient in our relationship.

What's the key to a successful marriage? -

Throughout our marriage, we focused on always being honest and supportive of one another. Jack said, Maude is the glue that has kept us together, and we love each other very much.



Herbert and Mary Schleining

Married on - July 21, 1951, and celebrated their 71st Anniversary this year.

How did you meet? - We met at Ridley Lowell Business School.

Do you have children? - We have four daughters.

What's the key to a successful marriage? - We have always been interested in similar things. We always enjoyed taking trips to Wildwood Crest Beach in New Jersey and going to the casino together. We can't believe it's been 71 years! The key is never giving up on each other, even when times get hard, and always being supportive.



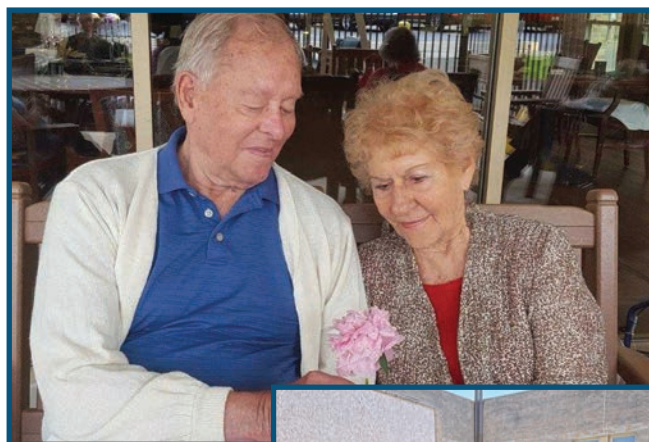
James and Louise LaGro

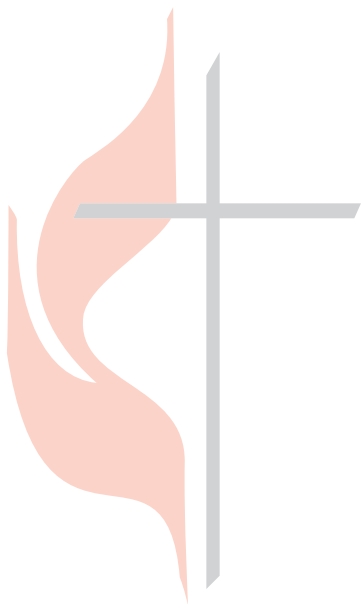
Married on - June 13, 1952, and celebrated their 70th Anniversary

How did you meet? - We met at a Valentine's Day Dance at the Great Lakes Naval Station in Illinois. It was love at first sight!

Do you have children? - We have four children, three sons and one daughter.

What's the key to a successful marriage? - Treat each other with respect and understanding, share your feelings and emotions, and listen to each other. We've always prioritized letting each other know how much we care and love one another, for better or worse.





UNITED
METHODIST
HOMES



Caring. Connecting. *Community.*

10 Acre Place
Binghamton, NY 13904

unitedmethodisthomes.org



NONPROFIT
ORGANIZATION
U.S. POSTAGE
PAID
ALBANY, NY
PERMIT NO. 664

News & Announcements

We are pleased to announce that Ron Patti, presently serving as Executive Director for our Hilltop Campus, will be taking on the role of Chief Operating Officer for our organization. Ron has been serving UMH for 7 years. Having served in long term care for more than 28 years and 25 years serving in an administrative capacity, Ron has accumulated valuable hands-on experience in operations, making him an ideal candidate. Ron will be transitioning to his new role slowly allowing him to continue to be present and available to the Hilltop Campus. We congratulate Ron on his promotion and look forward to great things from him in his new role.

We would like to welcome Dina Zanghi as our Vice President of Human Resources. Dina comes to UMH with over 25 years of human resources experience, including previously serving as Vice President of Human Resources for a 2500+ employee organization. A native of Northeast PA, Dina has spent a lot of time in Binghamton and surrounding areas with her previous position. She has been making her way around our campuses and has been extremely impressed with our staff's longevity, dedication, and commitment to our residents and, the teamwork we have across all of our campuses. Dina expressed, "I am looking forward to working with all the amazing employees at UMH and to support our mission, vision and values".

Connections is designed for easier readability. Contact Abbie Evans at abevans@umhwc.org

Corporate Office
Binghamton, NY
607.775.6400

Elizabeth Church Campus
Binghamton, NY
607.722.3463

Hilltop Campus
Johnson City, NY
607.798.7818

Tunkhannock Campus
Tunkhannock, PA
570.836.2983

Wesley Village Campus
Pittston, PA
570.655.2891

