

Connections

# Friendly Competition & Teambuilding



ABOVE - Corn Hole Finals Lackawanna State Park: Ron Atkinson, Dawn Chase, Cameron White, Lisa Kirchner, Maria Doubrava, Kody Doubrava, Eli Washburn, Joe Quanne, Joe Sipple, Bernie Lombardo. Top Right: Calli Berg & Brian Picchini with First Place Winners.

Throughout the late summer and early fall, a competition was brewing between campuses. The inaugural year of the United Methodist Homes Corn Hole Tournament was underway. Staff on each campus paired up to compete against each other for the chance to win a \$25 Dick's Sporting Goods gift card and the opportunity to represent their campus at the UMH Finals. Five teams came together on October 21 at Lackawanna State Park to compete in the overall UMH championship tournament. Eli Washburn and Joe Quanne took First Place, while Bernie Lombardo and Joe Sipple from Wesley Village finished a very close Second Place.

"I visited the Hilltop Campus in May and played cornhole with the employees during Nurses Week, organized by Kate Conant. I suddenly realized how fun it was watching folks laugh and compete. I wanted to share this experience with ALL of UMH - thus, the Cornhole Tournament was born," said Brian Picchini, UMH President & CEO.

Middle: Vicky Morabito, Sandie Farrell, Carol Ann Heller, Bobby Yacuzzo, Elizabeth Church Bottom Photo: Kate Conant and Melissa Wasco, Hilltop

Fall/Winter 2021 Issue



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#### As We Recover



"As We Recover" appropriately themed in our 2021 Annual Appeal, are three words that I believe perfectly describes the present state of United Methodist Homes. Why? Because it certainly indicates that we have been through unprecedented and tumultuous times together that no one could have predicted as a result of the pandemic. But, it also lends to the idea that we are taking action, forging ahead and will not become stagnant. We have not and will not succumb.

For the better part of two years, our organization has been rapidly responding to this public health crisis, quickly adapting and adjusting, and doing whatever it takes to protect our residents and each other. We have

demonstrated great resolve and despite the extraordinary financial challenges brought on by the pandemic, we are in "recovery" mode. What exactly does that mean?

First off, we have begun to adjust to this new normal in a post-Covid world. While we are still experiencing the impacts of Covid, we are responding differently. We are moving forward as an organization by taking all that we have learned throughout this storm and harnessing past experiences to build a better and stronger tomorrow. So too, as we recover we have actively reengaged our strategic plan.

The strategic planning process, now more than ever, is vital to the on-going viability and sustainability of our organization. We remain steadfast in our Mission and Vision and aim to ensure that UMH will remain the provider of choice offering our residents a beautiful community and home for decades to come. As we recover, we must plan for our future ensuring that our strategic plan addresses not only the needs of today but the needs of tomorrow and into the future. Our plan must also lend itself to financial strength so that we may better serve our residents and live out our mission.

We must embrace what we have learned from Covid-19 and extrapolate the positive from what has been very difficult and challenging times. We have learned where we are strong and also where we can improve. We have traversed high and low but continue to work together and are stronger than ever. We are ready to take on what lies ahead.

I would be remiss if I didn't take this opportunity to once again thank our Board, leadership, employees, residents and families. Without your incredible resolve and continued commitment and loyalty, we would not be able to move forward nor would recovery be upon us. I remain grateful and look forward to a New Year together.

In appreciation,

Brin Pickini

Brian Picchini, President & CEO

## Friendly Competition & Teambuilding

#### Continued from cover

The Tournament served as a team-building and charitable outreach opportunity, as well. With the support of the UMH Foundation, additional prizes were awarded. Overall First Place earned the honor of a trophy and a pizza party for their department. They also won a \$2,000 mini grant, which they chose to designate to the Resident Support

Program. Second Place won an ice cream party for their department and a \$1,000 mini grant toward a project of their choosing at Wesley Village to benefit the residents. "The tournament was great! I had a lot of fun playing and am glad the Homes gave us the ability to do something fun to give back to our residents," shared Joe Quanne. With a successful event in the books, we look forward to a bigger and better tournament next year!

Top Photo: Brian Picchini, Maria Doubrava, Kody Doubrava, Elizabeth Church Middle Photo: Eileen Pearson and Jessica Lord (Latchford), Tunkhannock Bottom Photo: Bernie Lombardo and Joe Sipple, Wesley Village

## A Move Toward Tech

The COVID-19 pandemic has forever changed healthcare. Since the onset of the pandemic, all



of our care facilities have devoted resources and additional staff time to ensuring the on-going safety of our residents. As many are aware, this included having an employee designated at each facility entrance to conduct screenings to confirm that anyone who entered, staff or visitors, were free of symptoms of COVID-19, had not been exposed, and checked temperatures. With no end in sight to this process, UMH invested in technological improvements to more efficiently fulfill this safety requirement. Our three continuing care campuses - Wesley Village, Hilltop Campus and Elizabeth Church - have initiated the use

of the Accushield Screening Kiosks which all visitors and staff have been using. The kiosks allow one to independently navigate through the series of screening questions

as well as scan body temperature. All who pass the screening are granted access and a visitor label printed. With the holiday season upon us and visitation on the rise, the new technology has been proving to be very efficient and effective as well as user friendly.

Above: Selina Shotwell, Admissions Director at Partridge-Tippett Nursing Facility screening in for work.



## Returning a Blessing by Giving

Lowell and Diane VanVorce (Highlands) were recently welcomed into the UMH Legacy Society because of their decision to include the United Methodist Homes Foundation in their estate planning. Not only are Lowell and Diane financially helping UMH now and in the future, they also regularly give their time. When visitation is allowed, Diane plays piano in the memory unit at

Hilltop during the shift change. She said the residents sing along and enjoy the music during what can sometimes be a tough transitional time. Lowell helps with campus clean-up efforts to assist maintenance in keeping a beautiful campus. It's important to him that the grounds stay clean and that others have a good impression of UMH. Here is their story:

"Moving back to the Triple Cities after being gone for 20 years, the Highlands Independent Living was a perfect fit for us. At our age, purchasing and maintaining another home was not as appealing as it



had been in the past. With siblings, kids, grandkids, and great-grandkids in the area, we were making several trips North anyway, and Diane and I had begun the process of looking for a suitable place for the "old folks" to live out the rest of our years.

Because it's a nonprofit with an outstanding reputation in the area for quality care and concern for resident health, safety and comfort, UMH was at the top of our list. After discussion with family, speaking to UMH residents we knew, and receiving our tour, our decision was a no brainer. This is where we needed to be. The waiting period turned out to be a good thing because we had ample time to plan our move from NE Georgia; downsizing to apartment size living, disposing of excess furniture and "stuff", and preparing our existing home for the selling process. It's been four and a half years now and we have been truly blessed to be here and be a part of the UMH family.

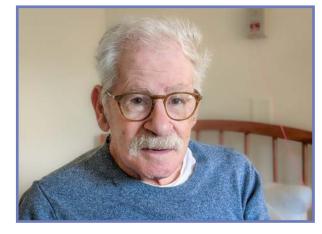
We all receive God's blessings from different sources and in different ways. Diane and I have always felt that a blessing received does not reach its full potential until it becomes a blessing given. Our opportunity to return a blessing by giving and estate planning to the UMH Foundation was also a no brainer for us. Also, as "old folks" yet still somewhat fit and able, UMH has been a volunteering opportunity for us with many areas of service available. For whatever time God sees fit to bless us with, we are at home in the UMH family."

The UMH Legacy Society is a Foundation initiative to encourage a sense of community among our major donors. The Society recognizes those who have made a lifetime contribution totaling at least \$10,000 (Ambassadors and Donors of Distinction) or have remembered the Foundation in their estate plans or legacy gift (Stewards). It is best to contact us in advance for assistance to ensure that your wishes are properly understood. If you have already included a bequest for United Methodist Homes in your estate plan, please contact us to let us know. We would like to thank you and recognize you for your gift. If you would like to learn more about our Legacy Society and planned giving, please contact our Director of Development, Heather Murphy for an individual appointment.

## **Resident Spotlights**

#### Myron Ernst - Hilltop Campus

I have my master's degree in French and Italian. I've traveled to both countries and I listen to French and Italian news on the computer every day. I read and listen to Italian and French. Graduate school was where I met my wife. Our honeymoon was driving around western Europe for three months. The only countries we didn't visit were Germany and Austria. We were in France, Switzerland, Belgium, Netherlands, England, Ireland, Norway, Denmark. I drove us around in a small French car called the Citroen. It was the Model T of France. We had a really good time. We also went to Iceland about 15 years ago.



My wife had her Montessori diploma and I was out of a job, having left academia where I taught at SUNY Plattsburgh. So, I decided to take Montessori training in Ithaca in 1974, did my internship under my wife, and got my Montessori diploma. We bought a house and two acres of land where we built the only log home in Vestal and one of the few log homes in Broome County. We created the Log Home Montessori Preschool 1977 and we ran it for 27 years. We were co-directors and owners. It was strictly private. And we did well, we took a chance. We had 16 students at once, ages 3-5. We taught morning and afternoon until about 1995, then we just taught morning. We kept the house, which I still have. When my son visits we go and sit and talk about my wife. She died in March of this year and it's hard to get over it. We were married 56 years and knew each other for 58 years. I miss her a lot.

I started writing poetry in 1984 shortly after the death of my mother. It was a way to deal with the grief; going outside of myself and writing. Most of my poems have been published. Almost all of



the poems in the book have been published by various colleges and universities. I haven't written in 3 years because I've been emotionally upset but I plan to start writing again.

I think a person should learn a foreign language, especially older people. It keeps the brain strong when you learn a new language. Most psychologists and neurologists agree that learning a new language increases vocabulary and builds up the brain.

# Resident Spotlights

#### Joan Bennett - Elizabeth Church Campus

Born in Corning, NY Joan lived with her Dad, Ira and her mother, Marguerite. She also has a younger brother, Jim who currently lives in Massachusetts, with whom she is still close. Joan was also very close with her dad, stating, "My dad was my best friend." She fondly remembers attending sock hops with him. She was also very close with her Great Grandmother and still remembers using her icebox and wood burning stove.

After grade school, she attended North Side High School where she studied Business. Following graduation, she started her first job at Ingersoll – Rand Painted Post where she was a Secretary. Joan moved from home to live at the YWCA in Binghamton and took the bus back and forth to BMI (Business Machine Institute) for 3 months, then was hired at Link. It was there that Joan learned to use the Flexowriter, which was their early version of what we would now call a computer. Riding the bus is how she met her husband Arthur, who was the bus driver. Arthur had six kids of his own when they met; then they had one son.



During the flood of 72', her family in Corning lost their home. Joan and her husband helped to rebuild it every weekend for a year using only hand tools. When Joan divorced, it was important for her to support herself so she worked 4-5 jobs. Eventually she bought her own house and



began Nursing School at BOCES. Following graduation, she worked at Good Shepherd.

Joan has a long history of volunteer work including work with the LPN Association, AARP, Chenango Fire Company, and the JCC Senior Center. Her desire to volunteer has spilled over into her time at St. Louise Manor. She played a major role in getting our store, Manor Market, up and running. Joan even got to cut the ribbon at the grand opening. Each week, she is the first one waiting outside the store eager to help. Additionally, she is always asking for more ways that she can volunteer. Recently, she has started assisting staff before Bingo and always attends our Resident Volunteer activities. Joan has been a wonderful asset to Activities, always advocating for the staff and encouraging her peers to try new programs. Joan doesn't let anything slow her down and is very determined to maintain her independence as best she can.

## **Resident Spotlights**

#### Sue Harper - Wesley Village Campus

Sue and her husband discovered Wesley Village after receiving an invite to an Open House and luncheon. They knew this was a good fit for them but preferred a suite apartment and waited over a year for the right one to become available. Although her husband has since passed, Sue remains in her apartment and continues to be very socially active despite having vision loss. This includes a monthly comedy show where she performs for other residents, along with her pastor. Sue has been entertaining friends and residents with her humor for as long as she can remember. It began with collecting jokes from Legacy Digest, which Sue kept collecting. Her husband would encourage her joke telling when they were out at parties but would often give away the punchline. Now she and Pastor Mark DeSilva, of Living Hope Bible Church, share jokes during their Comedy Hour. "I'm blessed," says Sue Harper when asked about reaching her milestone birthday of 100, "I had a birthday party with my family in NJ. It was wonderful to be together and hear their voices. I also got to





go to the Nutcracker. The music was so beautiful. I went out for dinner and had dessert first. We had no appetite for dinner but we ate out anyway. They had another birthday party at my church and a celebration here at Wesley Village, too." Sue's goal in reaching 100 was to get her photo on a Smucker's Jam Jar, in the tradition of the Today Show. Her son made that wish come true when he presented her with her photo on custom jam jars; enough for her and to share. When asked the secret to a long life, Sue responded quickly, "My secret to a long life? Don't die young."

### Walk to End Alzheimer's

United Methodist Homes was a proud sponsor of the Walk to End Alzheimer's on September 19. Several staff from UMH volunteered at the Promise Garden, participated in the walk, and helped to raise \$2,745. Thank you to everyone that helped raise awareness and funds for this important cause.



Walk to End Alzheimer's 2021: Victoria Morabito, Betsy Vannatta, John Rhodes

### Santa's Special Helpers

Since 1998, the Dallas United Methodist Church and their Sister Circle have been involved with

spreading Christmas cheer to United Methodist Homes. The Circle worked in collaboration with the Friends of United Methodist Homes of PA to provide presents for residents at Wesley Village. As the mission expanded and logistics became a little more complicated, the Circle reevaluated how they could make the most significant impact. It was at this point they offered to adopt Tunkhannock Manor and become their Secret Santas. Sharron Lewis, Circle member and UMH Board of Directors, acts as the matchmaker spearheading the program with the support of others. Each November, residents make a list of two or three items they would like to receive from Santa. These are put on index cards and hung at the church for participants to "adopt". Sharron said that church members look forward to this event every year and go out of their way to find the specific items residents request. Ideas run the gamut from curlers and pajamas to fruitcake and beer...and Santa always delivers. Presents are wrapped, marked by room number, and delivered to the Manor in time for Christmas morning. For many years, residents have gathered around the tree on Christmas morning while Terry White,



Karl Heinz-Koopman, Tunkhannock

Activities Director, passed them out for all to open together. Due to COVID last year, Terry made sure everyone received their special delivery in their room and sat with them as they opened. In a thank you letter sent to the church, Terry shared, "They felt like God had sent them Christmas



Angels, not Santas. One man said he's never had a Christmas like this in his whole life. A woman hung on to her gift as though she thought it wasn't real and brought tears to her eyes. Another resident said she'd sleep better with her new pajamas." We are so grateful to the continued generosity of the Dallas UMC Sister Circle. Each campus has their own unique way of celebrating Christmas and ensuring all residents feel special for the holiday.

To get involved in the resident gift giving program, please contact giving@umhwc.org.

Jean Dewolfe, Tunkhannock



Back Row: Bob Osgood, George Krizenoskas, Walt Klepaski, Fred Mountjoy, Joe Putprush, Glen Davis, and Jim Frosco. Front Row: Don Williams, Jim McAfee.

For the past three and a half years, a group of men at Brooks Estates have been gathering weekly (with a COVID hiatus) to play shuffleboard in the Clubhouse. While this may not seem noteworthy on the surface, a further look shows these gatherings are about looking out for each other, fellowship, and friendly competition. Walt Klepaski, along with seven other men, started this opportunity for the guys on campus to get together. "We're like the postal service - through rain,

sleet, snow - we get together to play. We started with four teams of two players, based on where we grew up like Wilkes-Barre, Forty Fort, Kingston and New Jersey. We shared school stories, memories, sports highlights, and discovered lots of mutual connections," says Walt. "Usually we play to 15 points instead of 21. You never know how much time you have so we want to get as many games in as possible," he jokes. Jim McAfee and Don Williams both say they play for the camaraderie, "This is a great group of guys." Bob Smalls and Ed Edenfield are new residents at Brooks Estates. Both men saw shuffleboard on the schedule and decided to try it out. "It's also a great way to meet new people", says Bob. Ed has had a similar experience. "I've been meeting a lot of people. Between shuffleboard, cards, games and Bingo, I'm here every day," he says. With about nine regular players in their 70s to 90s, there's a broad range of experience and ways to mix up their teams. Unfortunately, sometimes they lose a player and friend. Jim Frosco (pictured)



Joe Putprush, Fred Mountjoy

recently passed away but members remember him fondly when they gather. The men continue to look out for each other. "Really we don't count points, we count our laughs," says Walt.

# Campus



Hilda P.

**Elizabeth Church Campus -** November 9 was National Art Museum Day. Since residents couldn't get out to visit a local museum, the staff brought the museum to them. Activities Director, Kathy Micha, curated artwork from residents and staff to display in museum fashion. It was a great way to showcase the talents of those at ECM.

**Hilltop Campus -** Hilltop Campus Day was established on November 17, to celebrate everyone - staff & residents. "We wanted to show just how much we appreciate each other!" explained Faye Clark, Campus Life Coordinator.

The Activities Staff served donuts to everyone in the morning with stickers saying, "Donut you know how much we appreciate you"! There were also opportunities for fun photos throughout the day.

In the afternoon everyone was invited for

popcorn, photos & prizes. There were many "prizes," all wrapped up in pretty gift wrap. Everyone was encouraged to select a gift. "It was a day to make everyone feel appreciated, and those of us putting on the event....well, it made us feel appreciated too!" said Faye Clark, Campus Life Coordinator.

Hilltop Day Top to Bottom: Employees Melissa Wasco & Rebecca Jones, Florence (Flo) Huth, Theodora (Teddy) Clark



Patricia G.





**Tunkhannock Campus -** Residents at Tunkhannock Manor were treated to an afternoon of animals in all shapes and sizes. Several community members volunteered their time to bring dogs, goats, miniature horses and...a therapy chicken! It was a pleasure to learn about the different animals and reminisce about pets from the past.



TOPCAMPL

# Highlights

**Wesley Village Campus -** The Brooks Estates Residents' Association, in cooperation with Lindsey Maslar the Brooks Estates campus life coordinator, held a special event to showcase Brooks Estates residents' artistic abilities and skills. "An Evening with the Arts at Brooks Estates" was the first of its kind social event and was attended by 100 residents, of which 29 were exhibitors. Examples of some exhibits included a variety of paintings, drawings, crocheting, quilting, woodworking and published books by resident authors. A surprise magic act was presented by resident Glenn Davis aka "Cosmic Glenn" and music by keyboardist Jay Garcia.



Don & Beth Williams



Emma Lang & Terry Smith

## Wishing JoAnn Dudek a Happy Retirement

Please join us in congratulating JoAnn Dudek on celebrating her retirement. JoAnn joined the UMH Accounting department on September 22, 1980 and celebrated her 41st Anniversary just prior to her retirement. When JoAnn joined the Accounting Department, she was located in the lower level of



Betsy Kosick & JoAnn Dudek

Elizabeth Church Manor, now known as St. Louise Manor. During her tenure, she relocated to Eastwood at Hilltop in late 1981, Davis Avenue in Endwell, and finally to our current location in Binghamton NY. JoAnn filled many roles in the accounting department and evolved with all of the technology over the decades. Only she could tell you how many software migrations she has been involved in! JoAnn also served as our UMH Historian over the years. She took photos and prepared annual photo albums that we would all enjoy. Very unfortunately those albums perished in the 2006 flood in Endwell. Most importantly, JoAnn has been a dedicated employee and a wonderful co-worker. She has always taken on any project asked of her and went above and beyond to take care of others. JoAnn plans to spend her retirement enjoying her family, her love of crafts, and reading. She is also thinking about enjoying some time with her sister in Florida. We wish her all of the best. Thank you JoAnn!

# Tee-rific Tournament

It was smiles all around at the 4th Annual United Methodist Homes Foundation Golf Tournament on September 16 at Conklin Players Club. A special thank you to our Ace sponsor – Lockton; and our Eagle sponsor – Pharmerica. Partnerships like these, and all our sponsors, are critical to the success of our event. We're pleased to announce that the Tournament raised \$38,478.39! All proceeds from the tournament directly benefit our Foundation and the resident assistance program---our benevolent care program. Thank you to our sponsors and golfers! We can't wait to see you again next year.





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Photo1 (L to R): Peg Newell, Kate (Newell) Conant, Pat Newell and Larry Conant. Fun Fact, Pat Newell flew all the way in from Albuquerque, NM to play with his sisters and brother in law and they all plan to join in again next year! Photo 2 (L to R): Toni McDonald, Brian Picchini, Dana Browne, Joe DeGraba and David Fleury (Pharmerica). Photo 3: Candid of golfers. Photo 4: (L to R):Tim Folk, Brian Picchini, Chris Keith (Lockton)

#### **Special Projects on Campus**

In addition to the 2021 Annual Appeal, UMH staff and residents have identified some special projects for which we're seeking support. The mini-campaigns are intended to meet a specific goal, and once the project is completed, we'll start a new one! To donate to a mini-campaign, please designate the project in your gift memo. For more information, contact our Foundation office at giving@umhwc.org or (570) 536-4313.

**Highlands at Hilltop -** While the Clubhouse at the Highlands received a beautiful facelift, there are some additional upgrades we'd like to make - all of which will improve the resident experience, mental health, and physical wellness. These include brand new fitness machines, additional outdoor seating options for the patio, and expanded coffee bar equipment.

**Elizabeth Church Campus -** Statistics show that six out of ten residents with dementia will wander (Alzheimer's Association). It's important to allow residents to wander safely and avoid wandering to exit doors. This intervention of disguised exit doors, interactive wall murals, and safe guided stations through the unit will provide safe opportunities for our residents to wander and stay engaged without exit seeking. The goal of this project is to make the Memory Unit (Unit 3) as home-like as possible and make the environmental



design seem more like a neighborhood. We are also excited to introduce a Montessori



approach. This will provide meaningful activities based on previous life roles and goals, which are rewarding for residents to accomplish.

**Brooks Estates at Wesley Village -** With all units at Brooks Estates filled, activities at the Clubhouse are booming. Plans for a permanent awning over the patio will allow more residents to make better use of this space without worrying about the weather.

Photos Above: Samples of interior decor for memory unit improvements

#### As We Recover 2021 Annual Appeal

No one could foresee what the world would face in 2020, but the generosity of generations of donors gave us the foundation of support in which to make a swift response to unexpected needs. With the gifts and investments of previous years, we had the ability to meet the immediate crisis without hesitation.

We remain in unprecedented times, and as we move forward together to heal and recover, now more than ever, your gift to our 2021 Annual Campaign is vital to carrying out our mission. As we recover, every dollar raised has a positive impact and benefits to our seniors in a variety of



Paul L., Tunkhannock

ways - from activities initiatives or our benevolent care program to unrestricted use of funds allocating donations to where they are needed most, your dollars ensure continuity of care, program and facility enhancements, and overall vitality of our resident's lives.



Vesta S., Hilltop

Giving now not only impacts today but tomorrow and whatever challenges the future may bring. We invite you to go on this journey with us. Support United Methodist Homes Foundation on the road to recovery by returning the enclosed Appeal envelope or giving online at www.unitedmethodisthomes.org/ giving. Please feel free to contact our Development Director, Heather Murphy, at (570) 536-4313 or hmurphy@umhwc.org with any questions you may have.

Merry







The campuses are celebrating the Holiday Season! Saint Louise Manor at Elizabeth Church had their holiday party. It was a fun-filled day, complete with ornament making, dancing, and food! Decorations are up at all campuses for residents to enjoy, and holiday activities are happening all month. To stay updated on all of the campus holiday activities, follow us

on Facebook United Methodist Homes New York & Pennsylvania. To find us, search @UNMHNYPA on Facebook, or scan the QR Code with your smartphone!





Photo 1: Carolyn T., Elizabeth Church. Photo 2 (L to R): Isabella F. and Carol L., Elizabeth Church. Photo 3: wTree in memory of those lost to COVID-19 at HIIItop. Photo 4: Barbara E. and employee Ron Patti, HiIItop. Photo 5: Mary F. and employee Kody D., Elizabeth Church. Photo 6: Tunkhannock Tree and Terry White's dog, Shotzi. Photo 7: Upstairs Tree at Tunkhannock. Photo 8 (L to R): Empoyees Gloria Loch, Linda Schiefer, Therese Diriso, Tammy Hadsel, and Kelli Rockwood, Wesley Village.



We hope that you and your families had a Merry Christmas and joyful holiday season and may you be blessed with a happy and healthy New Year!

#### News & Announcements

The Foundation is changing database platforms, which will ultimately save us a great deal and make our outreach more efficient. However, we all know that moving is never easy. Sometimes things get lost in translation, so please forgive us any temporary delays in communication, changes in mail preferences, or glitches in your contact information. We've done our best to catch these potential errors but feel free to contact us if we need to make additional changes. You're important to us and we want to make sure we have your information right! Call or email the Foundation any time at giving@umhwc.org or (570) 536-4313. Thanks for your understanding!



#### Connections is designed for easier readability. Contact Abbie Evans at abevans@umhwc.org

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