



Transformation on the Horizon

United Methodist Homes is pleased to announce an exciting new capital project, the renovation and reorganization of our New York campuses. The project will enhance, improve and strengthen our overall campus operations and improve resident offerings and the organization as a whole. Like many other senior living communities across the country, the pandemic, heightened regulatory pressures, a difficult reimbursement environment, and on-going staffing challenges have required that our organization adapt to thrive and better serve the present and future needs of our residents and the Greater Binghamton community.

Our Elizabeth Church and Hilltop Campuses are only about 5 miles apart, competing for resources, while offering identical services to our residents and the Greater Binghamton community. Our transformational plans will allow for a more efficient use of organizational resources, reduced duplication of services, and enhanced service offerings to work harmoniously as one system in order to sustain, expand and improve. Our commitment to our Mission, “to provide a wide range of senior living services with exceptional care and compassion” remains at the core of our efforts and this transformation will bolster our strength, sustainability and ability to live out our Mission.

We anticipate that construction and renovation projects will begin on the Hilltop Campus this summer and continue on in phases through 2024 and 2025. The overall plan entails a reduction in skilled nursing beds, a reduction and relocation of the assisted living services, including the Assisted Living Residence (ALR) program, Enhanced Assisted Living Residents (EALR), and the Special Needs Assisted Living Residence (SNALR) programs into the James G. Johnston (JGJ) center on campus along with a relocation of the Assisted Living Program (ALP) from Hilltop Manor West to St. Louise Manor on the Elizabeth Church Campus. In addition, there will be an expansion of the independent living offerings at our Hilltop Campus.



Transformation: A New Chapter



As we move forward as an organization, let us be reminded of all that we have endured and yet, we remain strong and we are stronger together. We are ready to begin a new chapter at UMH. We have demonstrated great resolve over the past two years and remain as dedicated to our Mission as ever - "To provide a wide range of senior living services with exceptional care and compassion". We have learned a great deal about ourselves and our ability to persevere. With this comes a keen awareness and understanding that in order to sustain and grow stronger, the time to transform is upon us.

This year, we are about to embark on an exciting transformation of our New York Campuses which you will read about in this newsletter. We are excited and believe that it will enhance and improve the care and services we offer our residents. It will enable us to better meet the needs within the communities we serve and ultimately, preserve our Mission by making us more sustainable. In addition to an extensive analysis by leadership, our board of directors, and expert consultants in the field of senior living, we began with a revival of our strategic plan and revolved efforts around our five Pillars of Excellence. Our pillars remain timeless and relevant serving as the foundation and guide to our strategic direction. They are, Engaged People, Strong Financial Position, Growth, Expansion & Transformation, High Quality, and Lifestyle/Engaged Seniors. We have deliberately incorporated the word "Transformation" into the "Growth & Expansion" pillar as this is a fundamental part of the process. We must transform and change in order to grow and expand in the future.

As we begin the transformational journey in New York, we have also begun analyzing our Pennsylvania campuses to identify opportunities that, again, will offer sustainability while better meeting the needs of the community we serve. United Methodist Homes is moving forward in a very deliberate, thoughtful and strategic manner engaging in transformation which will support our vision of being the provider of choice in lifestyle options for seniors maintaining a high-quality focus, and remaining the employer of choice attracting a committed and engaged workforce.

I am confident in the direction our organization is headed and encouraged by the overwhelming support from our Board of Directors, residents, staff and families. Words cannot adequately express how appreciative I am of your commitment, dedication and loyalty to UMH.

In appreciation,

A handwritten signature in blue ink that reads "Brian Picchini".

Brian Picchini, President & CEO



Transformation on the Horizon

Presently, Hilltop Manor West offers assisted living services, and JGJ offers all our skilled nursing and long-term care services. The transformation plan enables all of the healthcare services to be housed in one location on the Hilltop campus in JGJ. Making this change will allow for a more focused delivery of care with continued attention to quality while serving the residents of the Hilltop Campus. Currently, our skilled nursing and assisted living services have been serving more community residents than campus residents in order to reduce vacancies. Once remodeled, JGJ will house 74 new healthcare accommodations, including 24 skilled nursing accommodations with private room options and 50 new assisted living accommodations. These assisted living accommodations will include a kitchenette area (minus stoves or microwaves), private baths, and showers. There will also be three larger semi-private rooms that can accommodate couples. Construction plans are also in progress to expand the independent living options on campus, which will feature spacious and modern accommodations. Specific details related to the independent living expansion will be unveiled in the near future. Those interested in learning more should contact our NY Admissions Department at 607-729-2305 or broomecountyadmissions@umhwc.org. Presales will launch for the new assisted living late in the summer.

At the same time, phased enhancements will begin on the Elizabeth Church campus which will maintain its 121 skilled nursing beds, 52 adult care beds, which will be dually licensed also able to accept ALP due to the transfer of ALP licensures from the Hilltop Campus, and 30 independent living accommodations. Both campuses will maintain a continuum of care. The Elizabeth Church campus will continue with a premiere healthcare model to serve its residents and the community. Hilltop will operate very similarly to a Continuing Care Retirement Community or Life Plan Community focusing its healthcare offerings on primarily serving its own residents. The Elizabeth Church campus will also prioritize admission of any Hilltop resident to accommodate them as needs arise. Transportation services between the two campuses will also be enhanced to promote easy and regular visiting for residents between campuses.

Communications have been shared with our residents, staff, and families regarding our transformation and we remain committed to keeping everyone informed. Our organization is fortunate to have such wonderful staff, residents, and families who have been so supportive and understanding regarding our need to adapt and transform our services. As with any large-scale project of this nature, there will be an impact to our residents. This includes the need to relocate residents to different rooms, different areas of the facility, and to our Elizabeth Church campus or to another facility should they choose. In preparation for the transformation, we have paused admissions to our assisted and skilled nursing facilities on the Hilltop campus. We are referring admissions to our Elizabeth Church Campus at this time. This was determined to be the best approach in order to minimize resident displacement. We are committed to limiting the disruption for our residents to the greatest extent possible and we are pleased that we are able to accommodate all residents who choose to stay at UMH.

This transformation will ensure that we remain a high quality and sustainable organization with services that will meet the future needs of the communities we serve. What UMH is embarking on is also occurring across the country among many other senior living providers. We believe that this project will allow us to grow and carry out our Mission of serving seniors for decades to come.



Campus Highlights

Hilltop - Residents were ecstatic about the Haunted House coming back after a two year hiatus. Residents and employees had a scare-tastic weekend celebrating Halloween and enjoying a good scare!

L to R: Brian Palma, Martha Wright, Ron Patti, Faye Clark



Elizabeth Church - Residents at Elizabeth Church had a little extra pep in their step after the pep rally for Chenango Valley High School. Football players, cheerleaders, and Chenango Valley staff visited the campus for a good old-fashioned pep rally.



Holiday Celebrations at Hilltop & Elizabeth Church



Photo 1 - Taken by Resident Raymond Bayer - Highlands Holiday Party Performers, Johnson City High School "Sophistocats". Photo 2 - L to R: Joan B., Ruth M., at the SLM Holiday Party. Photo 3 - Elizabeth Church Campus residents visit Otsiningo Park for the Broome County Festival of Lights. Photo 4 - Rev. Lea Harding brings Christmas Cheer to Hilltop dressed up as Santa Claus. Photo 5 - Vestal Mountain Dulcimer players visit Hilltop.

Campus Highlights

Tunkhannock - Cameron White held a presentation for residents about the Titanic. They discussed the history of the Titanic, the maiden voyage, and the events leading up to its sinking. Cameron took the residents inside the Titanic's interior, shared exciting facts, showed and explained a First Class Menu, and even brought in their private Titanic collection, which consisted of artifacts, clothing, books, models of the ship, and a ticket to board the ship. The residents enjoyed tea, biscuits, and cakes on fine china during the presentation.



Wesley Village Campus - Brooks Estates Residents love an excuse to party! Residents enjoyed a full spread of Oktoberfest themed food and beverages at the Oktoberfest party.

L to R: Beverly H., Steve E., John H., Alberta H.

Holiday Celebrations at Tunkhannock & Wesley Village



Photo 1 - L to R: Rosemary L., Santa, Mrs. Claus, Marcella D. Photo 2 - Residents Ruth H. and Sophie P. with Christmas characters. Photo 3 - Mrs. Claus, Gloria D., Santa. Photo 4 - Family member visiting Lois M. Photo 5 - Peggy M. and Sean Walton.

Campus Highlights

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Hilltop - St. Patrick's Day at Hilltop called for a visit from the Carle Irish Dancers and a St. Patrick's Day party! Residents recently made tie-dyed shirts for their 60's themed party, where peace, love, and good vibes were in full swing!

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Elizabeth Church - Saint Louise Manor celebrated Valentine's Day with a delicious brunch! The new tabletop shuffleboard game was a big hit with residents, bringing more people in to enjoy the game room on campus. The residents gathered to work on a collaborative painting to celebrate Women's History Month. During the program, they discussed various women in history and their contributions. Each resident painted a square of the image; the result was a portrait of Frida Kahlo. Residents enjoyed a visit from Luna, a pet of one of the ECC Activities Staff members.

***Photo Info on Back Inside Cover**

Campus Highlights

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Tunkhannock - Spirit Week was a big hit with residents and employees at the campus. Residents got a kick out of the different themes for each day. In February, residents enjoyed live music by Patti Hozempa at the campus Valentine's Day party. More recently, they visited the Tunkhannock Library for Senior Day! The library provided lunch and a day of crafting and activities for seniors. Residents enjoyed a trip to T&C Grille for lunch. Our new Independent resident, Ray B., treated everyone to dessert, and the restaurant owner gave everyone a freshly baked cookie!

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Wesley Village - Butthead Farms brought goats to visit residents and employees! Brooks Estates residents enjoyed delicious pizza and great company at their recent gathering! Residents at Wesley Village have been busy with special springtime activities like making Easter bonnets.

**Photo Info on Back Inside Cover*

Resident Spotlights

Courtland Birchard - Hilltop Campus

Hilltop resident Courtland Birchard was born in Birchardville, Pennsylvania, where he was raised on his family's farm. As he was growing up, they established a bluestone quarry from the bluestone found on their property. Courtland is descended from the Birchard's who established Birchardville. Since its establishment, nine generations of Birchards have lived in Birchardville.



Courtland is a man of many talents. When he was young, his dad took him to a show at the local feed store, and one of the performers was a ventriloquist. A month or two later, he had his own ventriloquist dummy. He had a boy scout book on magic, and it had a chapter on ventriloquism. He was sure he could do it, so he taught himself using the information in the book. Courtland's sidekick was Joey Joker. Joey was built by JC Turner in California, who was quite a prolific builder of figures during the golden age of ventriloquism. Courtland paid \$35 for him back in 1947 and they've been partners ever since! For many years he and Joey would perform as a side job. Joey was always getting Courtland in trouble. He recalls an assembly in high school where Joey insulted the principal and had all the other students laughing.

Courtland lived in Birchardville until he left to join the Army. When he returned from the Army, he studied electronics at Broome Tech (SUNY Broome). That led to a job in Vestal, NY, working with transformers. While working there, he met his future wife, Mary. She needed some bluestone for a walkway and he brought some to her house. After that, they started to get to know each other. She was a widow with three teenage children, one son, and two daughters. They got married in 1965 and became a family. Eventually, they built a house and moved back to Birchardville. Sadly, Mary passed away in 2008 after almost 44 years of marriage.

Courtland plays both the guitar and ukulele. He didn't start playing until he was in his 40s when he taught himself to play. Once, while visiting his daughter in Arizona, he picked up an old banjo at a garage sale. It was pretty banged up, and the head was split. He and a friend decided they'd try to replace it themselves. They followed directions they had found online. They pulled the material too tight on the first try, and it split, but they got it right on the second try. He took it back to the woman he purchased it from to play it for her. He played "Oh Susanna" for her, and she enjoyed hearing the banjo play again. He learned to play by watching a free 30-day YouTube tutorial. He never got proficient, but he could play. Unfortunately, the head split again, and he never repaired it again. He still plays the guitar, though. He used to play frequently with the guitar group that meets at the senior center in Johnson City, NY.

When he was younger, he had worked in the family bluestone quarry. He noticed that if you scratched the bluestone, it would leave a white mark. With his wife's encouragement, he started drawing on bluestone. He would take scraps and etch his drawings into the stone. He and his wife developed a line of craft items made from the Pennsylvania Bluestone found on their property. For many years they sold their crafts at a booth at the Harford Fair. One year they even won a prize for the best booth at the fair! Courtland made some larger etchings over the years, including several that still hang in establishments in the community.

Resident Spotlights

Nancy Morgan - Tunkhannock Manor

Nancy Morgan, a resident at our Tunkhannock Manor campus, was born and raised in Virginia. She knew from a young age that she wanted to become a nurse. Her father was a minister and she would go with him to the hospital when he went to visit patients. She was too young to be allowed to visit the nursing floors so she would go to the lobby and wrap herself in the drapes to secretly watch the nurses. After graduating from her nursing training, she got a job at the University of Virginia. She never wanted to do anything else and she never worked in any other profession. According to Nancy, she loves people and she loved being a nurse.



A few years after graduating, she met her husband John on a blind date. Having recently had a big fight with his girlfriend, John's date with Nancy was set up by a fraternity brother and was meant to make the girlfriend jealous when she saw him with another woman. As fate would have it, the plan backfired when Nancy and John hit it off. They were together from then on. He said he never met anyone who talked so much, but since he was a quiet man their personalities were well matched.

After they married, they moved to Tunkhannock, Pennsylvania where John was raised. When she first moved to Tunkhannock it was an even smaller town. She recalls that the population increased considerably when the Procter & Gamble factory, producing Charmin Toilet Paper, opened down the road in Mehoopany.

For many years, they lived in the house right next door to Tunkhannock Manor. She worked at Tyler Memorial Hospital as a nurse while her husband practiced law. She would sometimes work as a private duty nurse for the retirement home that was previously located where Tunkhannock Manor currently stands. Both her and her husband would come to the retirement home to assist if there was a problem or if someone fell. Eventually, she watched as they tore down the previous retirement home and built Tunkhannock Manor.

When she finally decided to sell her house, the realtor who came to look at the house decided to purchase it. The large bay window in her room looks out on the house where she had lived since coming to Tunkhannock as a newlywed in her 20's. The current owner has two boys and she can watch as they raise their family in the house where she raised her own family. At 93, 17 years after her husband John passed away, Nancy moved next door to Tunkhannock Manor. Before moving, Nancy had a cat named Toby who slept with her every night. After she moved, the new owners agreed to help take care of Toby so he didn't have to find a new home. He visits the Manor regularly. He comes and sits in her window or just naps the day away in her room. He spends a few hours every day visiting Nancy so she can see him and hold him.



2022 UMH Foundation Annual Golf Tournament

The 5th Annual United Methodist Homes Foundation Golf Tournament raised over \$44,000 this year! This money goes to our Resident Assistance Program, which is a critical part of our Foundation's Mission. Thank you to our sponsors and everyone who participated in the tournament. We can't wait to see everyone again next year! A special thank you to our Ace sponsor - Lockton, and our Eagle sponsor - PharMerica. Congratulations to our winning team: Matthew Baker, Lance Nealy, Michael Stranburg, and Andy Howey!



Photo 1 - L to R: Chad Himel (Ziegler), Gary Gardner, Keith Robertson (Ziegler), Vicky Morabito.
Photo 2 - L to R: John Colosimo (Lockton), Chris Keith (Lockton), Brian Picchini. Photo 3 - L to R: Kate McHugh, Patty Juriga, Chris Waters, Linda Utyro. Photo 4 - L to R: Ron Patti, Anthony Siracusa, Mark Ross (Baker Tilly), Melissa Wasco. Photo 5 - L to R: Lance Nealy, Andy Howey, Matthew Baker, Mike Stranburg.



Annual Appeal 2022

As our 2022 Annual Appeal comes to a close we're so grateful to all those who helped us surpass our fundraising goal.

Our generous supporters helped us raise \$45,182.

To all those who donated, we thank you for making a difference in the lives of our seniors. We greatly appreciate your ongoing generosity, which is vital to our mission.

Thank You!

Please note that the dates for our 2023 Annual Appeal will be earlier this year, during the summer months.

Doris Brownlow Music Fest at Hilltop

Doris Brownlow was a resident at the Hilltop Campus whom we had the pleasure of serving throughout our care continuum. In 2009, she moved into an independent living apartment, later moving into Hilltop Manor West assisted living, followed by a move to the James G. Johnston nursing facility. Doris had a love of the Arts. She loved music and was a beautiful painter, clothes maker, and interior designer. These were just a few of her interests as she had such a zest for life. While living at Hilltop, she participated in the activities and even volunteered in various ways. She took great pride in selecting the movies for the residents' Movie Nights. After passing away in April of 2022, her family made a very kind and generous donation to the UMH Foundation with something very specific in mind to pay tribute. With the help and effort from the Hilltop staff they developed an inaugural event- the Doris Brownlow Fall Fest.

The day was full of a wide variety of events including performances by live local musicians, games and raffles, a musical scavenger hunt, food vendors and refreshments including cider and donuts, a photo booth, and even a visit from a mini horse! The day ended with a Wheels of Wegmans Car parade around the campus and a viewing of the movie, "The Jazz Singer".



At the end of the festival, Faye Clark, Hilltop Campus Life Coordinator, had the opportunity to speak with Doris's children, who were in attendance. They shared that they were thrilled with the event and remarked, "Mom would have been very proud! The event was even more than what we had hoped for when we began the planning process!" The family intends for the Doris Brownlow Fall Fest to become an annual event on the Hilltop campus for all to enjoy!

Planning and implementing this significant event took a campus-wide effort, but everyone was happy to help. We want to thank all of our employees who chipped in to make this event such a hit, and a special thank you to the Fall Fest Committee Members for their hard work.

Photo 1 - L to R: David K., Warren Rincavage. Photo 2 - L to R: Doris Brownlow's family members wearing shirts created by the Activities Team for the event. Photo 3 - L to R: Peg M., Kay J. Photo 4 - Band "Ain't Misbehavin". Photo 5 - L to R: Russell S., Ruth Ann L., and Theresa P. from Stable Movements.

Celebrating our Employees

2022 Years of Service Awards

Each year, UMH honors employees with anniversaries ranging from 5 to 40 years of service. We are eternally grateful to our employees for their hard work, continued commitment, and dedication to our mission, vision, and values. We are blessed with a dedicated staff that strives for excellence. Every role is extremely important in providing our residents with the best possible experience. Longevity amongst our staff allows us to grow strong roots and better serve our residents and the communities that our campuses call home.

Corporate

Christy Felter **30 Years**
Susanna Morrow **20 Years**
John Rhodes **10 Years**
Kyle Harchar **10 Years**
Melissa Stark **10 Years**
Abbie Evans **5 Years**

Elizabeth Church Campus

Steven Weston **35 Years**
Marie Woody **35 Years**
Kathy Freije **30 Years**
Jeanne Carlson **25 Years**
Tammy Donholt **20 Years**
Karen Duffy **20 Years**
Khristine Hodgeman **15 Years**
Monica Hodgeman **15 Years**
Maria Sisson **15 Years**
Sandra Farrell **10 Years**
Billie Fleming **10 Years**
Jeanette Horan **10 Years**
Kimberly Whetsell **10 Years**
Tarion Williams **10 Years**
Maria Alves Saldanha Doubrava **5 Years**
Katherine Conant **5 Years**
Jessica Decker **5 Years**
Thomas Dinnel **5 Years**
Raymond Floyd **5 Years**
Aleksa Zabadal **5 Years**
Darlene Martin **5 Years**
Shawanna Reed **5 Years**

Hilltop Campus

Patricia Rowe **30 Years**
Tammy Macumber **25 Years**
Jacqueline Otremba **25 Years**
James Krna **20 Years**
Daniel Merrill **20 Years**
Robert Cody **15 Years**
Casey Kamp **15 Years**
Victoria Morabito **15 Years**
Amy Morrison **15 Years**
Eulalee Fearon **10 Years**
Jessica Simmons **10 Years**
Denise HasBrouck-Doris **5 Years**
Sarah Henry **5 Years**
Lori Knapick **5 Years**
Sean October **5 Years**
Jacqueline Pomales **5 Years**
Jaime Yacovoni **5 Years**
Aaron Reynolds **5 Years**
Amanda Castro **5 Years**
Dena Iadanza **5 Years**
Miriam Leon **5 Years**
Karen Williams **5 Years**

Tunkhannock Campus

Jane Moll **15 Years**
Patricia Zintz **15 Years**
Sean Walton **10 Years**
Jo Anne Mirabelli **5 Years**
Leona Krupp **5 Years**



Wesley Village Campus

Gloria Mattioli **40 Years**

Beth Barnic **35 Years**

Patricia Tanski **35 Years**

Bonnie Bidwell **30 Years**

Tina Eckhart **25 Years**

Rebecca McDaniels **20 Years**

Wendy McDermott **20 Years**

Maria Chiazza **15 Years**

Linda Kondratick **15 Years**

Michele Lacomby **15 Years**

Jill Tighe **15 Years**

Jane Lengyel **10 Years**

Lesley Nicholson **10 Years**

Amanda O'Brien **10 Years**

Amanda Rudda **10 Years**

Robert Wall **10 Years**

Joan Ames **5 Years**

Marlene Digwood **5 Years**

Quinn Egan **5 Years**

Jessica Grumblis **5 Years**

Mary Haberstroh **5 Years**

Tammy Hadsel **5 Years**

Joyceline Laurent **5 Years**

Gloria Loch **5 Years**

Rebecca Shea **5 Years**

Cherie Vanwert **5 Years**

PAWSGIVING

Employees and Independent Living residents at UMH came together to collect items for our Pawsgiving Collection for Griffin Pond Animal Shelter and The Broome County Humane Society.



Photo 1 - NY Collection - L to R: Rev. Lea Harding, Samantha Laine. Photo 2 - Tunkhannock Collection - L to R: Helen Paxton, Cameron White, Jo Anne Mirabelli, Sean Walton, Terry White., Sherry C. (Griffen Pond). Photo 3 - Wesley Village Collection - L to R: Brian Palma, Tammy Hadsel, Sherry C. (Griffen Pond), Mike Perlock, Amy Graber, and Nancy Gartland.

Elder Engagement Award

Katherine Micha, Activities Director at United Methodist Homes, Elizabeth Church Manor Campus, has won the First Annual Elder Engagement Award presented by Brush Development for her incorporation of the Montessori Approach into their dementia care. Brush Development is the only approved Association Montessori Internationale training center for Montessori for Aging and Dementia in the United States. Kathy and her team have created an interactive, comfortable, and stimulating environment that aims to decrease wandering and behaviors and offer residents more opportunities for engagement in their environment. She has observed less wandering and improved mood as residents can participate in familiar daily tasks.



L to R: Kacey Overton (Physical Therapy), Megan Dean (Speech Therapy), Melanie Riese (Activities), Kathy Micha (Dir of Activities), Victoria Rifanburg (Activities) Not pictured: Nicole Graby, CNA, Victoria Morabito (Admin), and Gordon Gardner (Dir. Of Maintenance).

Hilltop Photos - Photo 1 - L to R: Tanya Pond, Sherry Truesdell, Faye Clark, Pam Gaskill. Photo 2 - Barb C. Photo 3 - L to R: Louise L., Linda W. Photo 4 - L to R: Stella H., Phyllis B., Eileen S. Photo 5 -Kate McHugh's pups Violet & Fiona.

Elizabeth Church Photos - Photo 1 - Carol B. Photo 2 - Shirley L. Photo 3 - Women's History Month Painting. Photo 4 - L to R: Dorothy S., Roberta S., Barb M. Photo 5 - Teddy C., Activities Staff member and pup Luna

Tunkhannock Photos - Photo 1 - L to R: Pat G., Terry White. Photo 2 - Delored H. Photo 3 - Resident Peggie M (center) with her daughters. Photo 4 - Cameron White. Photo 5 - Lunch outing to T & C Grill

Wesley Village Photos - Photo 1 - Tammy Hadsel, Lynda Vukovich, Shaorn Stevens, and Therese Sabalaskie. Photo 2 - L to R: Ruth Ann J., Dennis and Peggy B. Photo 3 - Jeannette C. Photo 4 - Bernie Lombardo, Julia (Geisinger). Photo 5 - Steve E., John H., Tony N., Joe P.



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News & Announcements

The Connections Newsletter is going virtual!

In an effort to be good stewards of our donations and the environment, the Connections Newsletter is going virtual. All new and past issues will continue to be posted on our website. We will also share a link to the newsletter via email and on social media. If you are not on our email list and would like to be, please email Abbie Evans at abevans@umhwc.org. The campuses will continue to receive a limited print supply of the newsletter for common areas.

Connections is designed for easier readability. Contact Abbie Evans at abevans@umhwc.org

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